

**SONA COLLEGE OF TECHNOLOGY, SALEM-05**  
(AUTONOMOUS INSTITUTION)  
**NATIONAL SERVICE SCHEME**  
**YOGA DAY CELEBRATION REPORT**



On June 21<sup>st</sup> 2019, 5<sup>th</sup> International Day of YOGA has celebrated in Sona ground. Around 30 Sona NSS volunteers participated in Yoga Day Celebration. The programme started at 9:00a.m. The guest of honor for the program was “**V.KASTHURI**” Coordinator of heartfulness, Salem center. NSS volunteers along with School students performed yoga. The programme was successfully ended by 10:30a.m.

